

Monday 30th January 2023

Dear Parents/Carers,

“Dress to Express” non-uniform day – Friday 10th February

I am writing to let you know that our school will be taking part in Place2Be’s Children’s Mental Health Week, which is taking place from 6th – 10th February. This is an opportunity for us to raise awareness about children’s mental health and encourage our young people to recognise and talk about their emotions.

The children will be taking part in special activities in class throughout the week. In addition, we would like to invite all children to use clothing and colour to “Dress to Express” on Friday 10th February. Outfits can be as simple or elaborate as the children like, and will provide an opportunity for the children to express themselves and celebrate diversity.



Many thanks for your continued support.

Yours sincerely,

Mrs K Ortoft
PSHE Lead

