

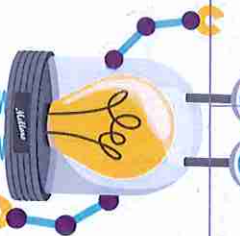


New menu from 25th Oct.

Week 1	ΜΦ Μονοδαι	Τυσοδαι	Ωρενοσοδαι	Τηυσοδαι	Χητητηυ Φρηδοδαι
Μαυν μεσα γλυο ηαλαα ορτηον (Η)	Margherita pizza served with Potato wedges	Sausage ragu With mashed potatoes	Diced chicken with new potatoes and gravy	Chefs chicken Italiano	MSC Certified Fish fingers with chips
Πασατα Βορο	basilica Pasta bake	Veggie tikka Pasta bake	Tomato pasta bake	Veggie bolognaise pasta bake	Chicken Pieces with chips
Βουκετ Ποταρο Βορο	Jacket pots. with Tuna mayo or Cheese & beans	Sandwich selection	Jacket pots. with Tuna mayo or Cheese & beans	Sandwich selection	Pasta bake choice
αγγολιτανημεντο	Baked beans Salad bar	sweetcorn Salad bar	Seasonal veg Salad bar	Salad bar	Chunky Chips Peas
φρεση φρουτ ορ υογηυρτ	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt
Δεοσορτ	Lemon Drizzle cake	Sticky Toffee Muffin	Jellied Fruit	Vanilla shortbread	Ice cream



MENU



Fuel your afternoon with a healthy school lunch from Mellors



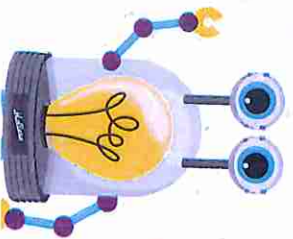
- 1 OF YOUR 5 A DAY

- HEALTHY OPTION

GREEK 2	ΜΦΜΟΝΝΑΨ	ΤΥΕΣΝΑΨ	ΩΕΑΝΕΣΝΑΨ	ΤΗΥΡΣΝΑΨ	Χητητη ΦΡΙΑΨ
	Vegetable pizza wrap	Veggie meatballs in gravy with mash potato	Chicken lasagne With garlic bread	Lamb keema With rice	MSC Certified Fish with chips
Παστα Βορρ	Pomodoro pasta	Mediterranean Pasta	Arrabatta pasta	Tomato and mascarpone pasta	Chicken strips served with chips
φουρκετ ποτατο Βορρ	Jacket potatoes Tuna mayo Cheese and beans	Sandwich Selection	Jacket potatoes Tuna mayo Cheese and beans	Sandwich selection	Tuna mayo Cheese and beans
αρχολιτανιμεντο	sweetcorn Salad bar	Seasonal veg Salad bar	Salad bar	Garden peas Salad bar	Chunky chips Peas
ΦΡΕΣΗ ΦΡΥΓΙΤ & ΨΟΠΗΥΡΤ	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt
δεσσερτ	Chocolate orange Tray bake	Homemade cookie	Chocolate crunch	Apple flapjack	Strawberry mousse



MENU









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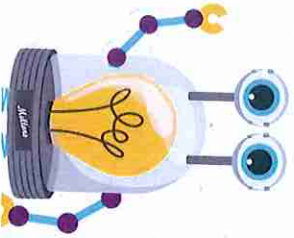
-10F YOUR 5 A DAY

-HEALTHY OPTION

GREEK 3	Μ Φ ΜΟΝΔΑΨ	ΤΥΕΣΔΑΨ	ΓΕΑΝΕΣΔΑΨ	ΤΗΥΡΣΔΑΨ	Χηιττυ ΦΡΙΑΔΨ
Μεση μεσαλο πλυο ηαλωα ορτιον (η) 	Margherita pizza	Hot dog served with half jacket potato	Diced chicken In gravy served with roasted potato	chicken jambalaya with rice	MSC Certified Fish fingers with chips
παστορα βαρ 	Basilica pasta	Mediterranean pasta	Pomodoro pasta	Veggie tikka pasta	Crispy chicken with chips
φουρκετ παστορα βαρ 	Jacket potato Tuna mayo Cheese and beans	Sandwich selection	Jacket potato Tuna mayo Cheese and beans	Sandwich selection	Pasta choice
αχχομπρανιμεντο 	sweetcorn Salad bar	Baked beans Salad bar	Seasonal veg Salad bar	Salad bar	Chunky chips Peas
ΦΡΕΣΗ ΦΡΥΤ & ΨΟΤΗΥΡΤ  	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt
δεοσερτ	Chocolate and banana cake	Oaty biscuits	Blueberry muffins	Homemade lemon cookie	Fruit and Ice cream



MENU



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a healthy school lunch
from Mellors



-1 OF YOUR 5 A DAY



-HEALTHY OPTION