

Chapel Street Community Primary School Curriculum Long Term Plan
 “A curriculum worth coming to school for.”

EYFS		Term	Key Stage 1 and 2					
Nursery	Reception		Y1	Y2	Y3	Y4	Y5	Y6
<p>Me, Myself & I Recognise similarities and differences</p> <p>These Feelings Demonstrate strategies for managing feelings</p> <p>The Weather Inside Me! Talk about the emotions in our bodies</p> <p>Healthy Minds A Name ways to ‘grow’ friendship</p> <p>The Colour Poem Name and connect emotions</p>	<p>Marvellous Me Celebrate similarities and differences</p> <p>Is there anyone like me? Celebrate individuality and differences</p> <p>Amazing Daisy Understand persistence and set a goal</p> <p>Exploring Kindness Identify agreements that create a kind, caring room</p> <p>Ted The Tiger Tamer Name emotions and make positive choices</p>	Aut 1	<p>Keeping Safe What are the rules for keeping me safe at school and outside? What are the rules about household substances? What is an emergency and what do I do?</p> <p>Healthy Lifestyle What food should I eat? How do I look after my teeth? Why is it important to wash my hands?</p>	<p>Keeping Safe How do medicines help us when we are unwell? How do I keep safe at home? What is my responsibility for keeping myself and others safe?</p> <p>Healthy Lifestyle How do I keep myself healthy? Why is it important to keep active? How can I prevent diseases spreading?</p>	<p>Keeping Safe What happens when I breathe smoke in the air? How do I recognise risks in my life? What do I do in an emergency?</p> <p>Healthy Lifestyle What is a healthy diet? What is an unhealthy diet? How do I keep safe in the sun? Why is personal hygiene important?</p>	<p>Keeping Safe How do I manage risks in my life? What is self-control? What is the difference between legal and illegal drugs? Are all drugs harmful?</p> <p>Healthy Lifestyle How do I make sure that I sleep well? What is fuel for the body? How do I know if I am physically ill?</p>	<p>Keeping Safe How do I respond to dares? What are “habits”? Who or what influences me?</p> <p>Healthy Lifestyle How can we stop the spread of infection? Why is it important to know about the nutritional content of food?</p>	<p>Keeping Safe How do drugs affect the mind and body? How do I manage peer pressure? What are basic emergency first aid skills?</p> <p>Healthy Lifestyle How is my mental and physical wellbeing connected? How do I keep myself physically healthy? Can I plan and prepare a healthy meal?</p>
<p>How We Feel Recognise that everyone has feelings</p> <p>Wally The Wave Begin to demonstrate self-regulation</p> <p>Healthy Minds B Name sounds and sensations</p> <p>I Have A Plan Demonstrate compassion</p> <p>The Wall Celebrate diversity and accept others</p>	<p>Adventures of Anonymouse Understand small acts of kindness</p> <p>Curly The Chameleon Name 5 different emotions</p> <p>Practising Kindness Express kindness in actions and intentions</p> <p>Ahmed’s Journey Name their 5 senses</p> <p>Faisal’s Not Himself Boys and girls can do the same things</p>	Aut 2						
<p>The Tale of Baby Beetroot Recognise kind behaviour</p> <p>Lara The Yellow Ladybird</p>	<p>Biyu The Brave Pea Experience empathy</p> <p>Thabo And The Trees</p>	Spr 1	<p>Relationships and Sex Education Who are the people in my life who love and care for me?</p>	<p>Relationships and Sex Education What is private? (Body parts)</p>	<p>Relationships and Sex Education What is personal space? What does a healthy relationship look like?</p>	<p>Relationships and Sex Education What is diversity? Do boys and girls have different roles?</p>	<p>Relationships and Sex Education What is puberty? What are the different relationships in my life?</p>	<p>Relationships and Sex Education What changes happen in my life?</p>

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<p>Express self-confidence and self-esteem</p> <p>My Voice Demo empowerment and voice, regardless of gender</p> <p>Healthy Minds C Experience calming after movement</p> <p>Kitchi's Moccasins Respect everyone's ideas, thoughts and feelings</p>	<p>Show responsibility for the environment</p> <p>Exploring Sensations Describe various sensations</p> <p>Passing Clouds Recall strategies to help control own feelings</p> <p>Yoshi Is Different Show empathy towards other who have different ideas/interests</p>		<p>What are the differences and similarities between girls and boys?</p> <p>Mental and Emotional Health What makes me happy? What are feelings? What is the difference between good secrets and bad secrets? How does my behaviour affect others?</p>	<p>What happens when the body grows from young to old? What is fair, unfair, kind and unkind? (Friendship)</p> <p>Mental and Emotional Health What is the difference between small feelings and big feelings? How can I keep safe online? What makes others happy? What is the difference between joking, teasing and bullying?</p>	<p>Why is being equal important in relationships?</p> <p>Mental and Emotional Health How do my feelings affect my behaviour? How can I manage my feelings? What are the ways that we are communicating online? What am I good at?</p>	<p>What changes happen to my body as I grow up?</p> <p>Mental and Emotional Health What is resilience? What does it mean to have responsibility over my choices and actions? What is discrimination?</p>	<p>What is unwanted touch? Understanding FGM.</p> <p>Mental and Emotional Health What is mental health? How do I negotiate and compromise? How do I stay safe on a mobile or tablet? How can I be happy being me? (Body Image)</p>	<p>What happens in a loving relationship and what is forced marriage? How is a baby made?</p> <p>Mental and Emotional Health How can I challenge negative thoughts and feelings? What is stereotyping? How can the internet positively and negatively affect our mental health?</p>
<p>Helping Hands Understand that all jobs can be performed by men and women</p> <p>Diego's Great Idea Understand that nobody should be excluded</p> <p>Head, Heart and Hands Associate the above with thought, emotion and hands</p> <p>My Amazing Brain Name one thing the brain can do</p> <p>Healthy Minds D Name one thing they are grateful for and why</p>	<p>Nisha And The Tiger Show compassion and express empathy</p> <p>Francisco's Family Understand differences and similarities</p> <p>Help Now! Learn additional strategies for regulating the body</p> <p>Zelda Goes On Holiday Demonstrate compassion</p> <p>The Monster In The Smoke Understand they can speak out when something is unfair</p>	Spr 2						
<p>Home Understand that all people deserve shelter</p> <p>A Time To Be Noisy</p>	<p>Nothando's Journey Practice calming strategies and identify emotions</p> <p>Reha To The Rescue</p>	Sum 1	<p>Living in the Wider World What are class rules? (British Values)</p>	<p>Living in the Wider World What groups and communities am I part of?</p>	<p>Living in the Wider World How do rules and law protect me?</p>	<p>Living in the Wider World What are the rights of the child?</p>	<p>Living in the Wider World How are rules and laws made and changed? What is Fair Trade?</p>	<p>Living in the Wider World Why is it important to be critical of the media online and offline?</p>

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<p>Understand that all feelings and emotions are okay</p> <p>I Love My Planet Demonstrate a sense of responsibility for Earth</p> <p>Anjali's Kite Understand the importance of kindness and sharing</p> <p>Healthy Minds E Say how it feels to be kind to animals and insects</p>	<p>Understand that all creatures are important and should be cared for</p> <p>My Amazing Brain A Name 3 things the brain can do</p> <p>A Tiny Seed Understand that 1 person can make a difference</p> <p>My Amazing Brain B Understand that neurons create pathways in the brain</p>		<p>Where does our money come from? What is the environment?</p> <p>Bee an Ally Anti-racism workshop</p>	<p>How do we make choices about spending money? How can we look after the environment?</p> <p>Bee an Ally Anti-racism workshop</p>	<p>What is the difference between my local British communities and global communities? What are the links between work and money?</p> <p>Bee an Ally Anti-racism workshop</p>	<p>How do we look after our money? What is sustainability?</p> <p>Bee an Ally Anti-racism workshop</p>	<p>How can I develop my enterprise skills?</p> <p>Bee an Ally Anti-racism workshop TBC</p>	<p>How do people manage money? What do I want to be?</p> <p>Bee an Ally Anti-racism workshop</p>
<p>Sizwe's Smile Understand the effects of positive actions on ourselves and others</p> <p>My Special Hair Value themselves and celebrate diversity</p> <p>Mum/Dad Love Me So Much Recognise gender equality in family roles</p> <p>Healthy Minds F Name 3 ways they can take care of Earth</p> <p>Caring Animals Develop own narratives and explain how to create a book</p>	<p>Our Home Demonstrate responsibility toward the environment</p> <p>Gokul's Game Name strategies to help others feel included</p> <p>My Dream In The Drawer Understand that gender does not affect one's dreams</p> <p>Sydney The Seahorse Discuss diversity in skin colours positively</p> <p>Deji and Nnedi Practise strategies for peaceful conflict resolution based on empathy & conversation</p>	Sum 2	<p>Transition Programme Saying goodbye and preparing for change</p>	<p>Transition Programme Saying goodbye and preparing for change</p>	<p>Transition Programme Saying goodbye and preparing for change</p>	<p>Transition Programme Saying goodbye and preparing for change</p>	<p>Transition Programme Saying goodbye and preparing for change</p> <p>Safe Citizen Programme:</p> <p>Choices and Consequences How can we stay safe on the streets?</p> <p>Me and Others How can you respond to pressuring situation?</p> <p>Managing Relationships and Influences What can we do to get help in an unhealthy relationship?</p> <p>Respect and Empathy How will I show respect and empathy to others?</p> <p>Good To Be Me How can we boost self-esteem?</p>	<p>Transition Programme Saying goodbye and preparing for change</p> <p>Safe Citizen Programme:</p> <p>Choices and Consequences How can we stay safe on the streets?</p> <p>Me and Others How can you respond to pressuring situation?</p> <p>Managing Relationships and Influences What can we do to get help in an unhealthy relationship?</p> <p>Respect and Empathy How will I show respect and empathy to others?</p> <p>Good To Be Me How can we boost self-esteem?</p>

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							Staying in Control of Emotions Developing a toolkit of strategies	Staying in Control of Emotions Developing a toolkit of strategies